

International Patient Services



New York
Eye and Ear
Infirmary of
**Mount
Sinai**

Contents

2 About Us

5 Ophthalmology

8 Otolaryngology

12 Pediatric Services

14 Plastic and Reconstructive Surgery

16 International Patient Services



New York
Eye and Ear
Infirmary of
**Mount
Sinai**

About Us



*Rendering of 13th Street and
2nd Avenue site, circa 1903*

New York Eye and Ear Infirmary of Mount Sinai (NYEE) is one of the world's leading facilities for the diagnosis and treatment of diseases of the eyes, ears, nose, and throat, and related structures of the head and neck. Founded in 1820, NYEE is the oldest and most historic specialty hospital in the nation. A high-volume facility, NYEE performs more than 30,000 surgical cases and receives more than 235,000 outpatient visits per year.

With a rich heritage and a mission of providing high-quality patient care, graduate and continuing medical education, scientific research, and community outreach, NYEE has built upon its strengths to maintain a leadership position, nationally and internationally, in the fields of Ophthalmology, Otolaryngology-Head and Neck Surgery, and Plastic and Reconstructive Surgery.

Our record of successful outcomes and scientific and technological breakthroughs has been recognized by industry leaders. *U.S. News & World Report* has consistently ranked NYEE as one of the best hospitals in America. In addition, many NYEE physicians are included in directories and surveys of "America's Top Doctors." In 2009, NYEE received Magnet® status in recognition of its excellence in nursing care.

Mount Sinai Health System

NYEE is part of the Mount Sinai Health System, an integrated health care system providing exceptional medical care to our local and global communities. Encompassing the Icahn School of Medicine at Mount Sinai, seven hospitals in the New York metropolitan area, and a large, regional ambulatory footprint, Mount Sinai is internationally acclaimed for its excellence in research, patient care, and education across a range of specialties.

A photograph of four men in business suits standing side-by-side against a light blue background. From left to right: Paul A. Sidoti, George B. Wanna, Eric M. Genden, and James C. Tsai. Each man is smiling and looking towards the camera.

Paul A. Sidoti, MD

Deputy Chair for Clinical Affairs
Chief, Glaucoma Division
Mount Sinai Health System

George B. Wanna, MD

Professor and Chair, Department
of Otolaryngology
New York Eye and Ear
Infirmary of Mount Sinai and
Mount Sinai Beth Israel
Chief, Division of Otolaryngology
Director, Hearing and Balance Center
and the Ear Institute
Mount Sinai Health System

Eric M. Genden, MD, FACS, MHCA

Isidore Friesner Professor and Chair,
Otolaryngology – Head and Neck Surgery
Senior Associate Dean for Clinical Affairs
Icahn School of Medicine at Mount Sinai
Director, Head and Neck Institute
Mount Sinai Health System

James C. Tsai, MD, MBA

President
New York Eye and Ear Infirmary
of Mount Sinai
Delafield-Rodgers Professor and System Chair
Department of Ophthalmology
Icahn School of Medicine at Mount Sinai
Mount Sinai Health System

Through superb clinical care and innovative research, New York Eye and Ear Infirmary of Mount Sinai is dedicated to preserving and improving our patient's ability to see and hear so they may live life to the fullest. It is a commitment we make each day to every patient that comes through our doors. And that's why so many patients from all over the world come to NYEE.



Ophthalmology



#1

In New York

#12

In the Nation

Rankings

U.S. News & World Report

As a renowned academic medical center, NYEE has a reputation for taking on difficult cases. The high volume of surgeries performed at NYEE gives our surgeons unparalleled experience and expertise in surgical interventions. These include patients with multiple ocular problems that require combined procedures, such as a cornea transplant along with glaucoma surgery.

Our approach to patient care often includes multidisciplinary teams of eye specialists combined with most advanced imaging and the latest surgical techniques. For patients with complex eye conditions, this approach means fewer surgeries and better outcomes.

Training the Next Generation of Leaders

NYEE is one of the nation's leading institutions for training the next generation of ophthalmic specialists on the strength of its comprehensive residency and fellowship programs. Our immense surgical

and clinical volume, coupled with outstanding faculty in each specialty field, make NYEE a great place for fellows and residents to train, practice, and do research. Residents and fellows have the opportunity to work with a large number of surgeons and are exposed to a broad range of technologies and approaches to managing disease and surgical problems.

Service Areas

- Cataract surgery
- Cornea, external diseases, and refractive surgery
- Diseases and surgery of the retina and vitreous
- Eye trauma
- Glaucoma
- Neuro-ophthalmology
- Ocular tumors
- Oculoplastic and orbital surgery
- Pediatric ophthalmology and adult strabismus
- Uveitis and ocular inflammation

State-Of-The-Art Ocular Imaging Technology

NYEE's eye specialists know that the use of the latest diagnostic technology in the study of eye disease enhances patient care. Our state-of-the-art Ocular Imaging Center is staffed by highly trained technicians and sophisticated, high-resolution diagnostic instruments.

The crystal-clear definition of deep structures of the eye allows for early and accurate detection and understanding of the progression of eye diseases. In cases of glaucoma and other optic nerve head diseases, these imaging studies have been instrumental in understanding the functional changes resulting from the disease and in decision-making during surgical interventions.

Since the center is a home to a comprehensive array of diagnostic instruments, all necessary testing is done on site, allowing patients to receive complete diagnosis at our facilities.

Leading the Way in Research and Innovation

Today, our scientists and physicians work in eight distinct areas, each devoted to enhancing NYEE's focus on the advancement of ophthalmology through the development of technologies and involvement in clinical investigations aimed at conquering eye disease, preventing blindness, and restoring vision.

Eight research areas include:

- Clinical trials and outcomes research
- Corneal and ocular surface disorders
- Glaucoma
- Neuro-ophthalmology
- Ocular imaging
- Ocular inflammation and uveitis
- Translational research
- Vitreo-retinal

Our faculty is at the forefront of advancing the field of ophthalmology through basic, translational, and clinical research. Helping NYEE advance its pioneering work in the fields of advanced ocular imaging, new surgical devices, and genetics and genomics of eye disease are three programs:

- The Shelley and Steven Einhorn Clinical Research Center of NYEE
- Mount Sinai/NYEE Eye and Vision Research Institute
- Ophthalmic Innovation and Technology Program at NYEE

In addition, the Jorge N. Buxton Microsurgical Education Center, which houses NYEE's state-of-the-art microsurgical laboratory, will be instrumental in transforming clinical research at NYEE. Future plans include the creation of a Microsurgical Intervention Center to further our clinical/translational research in robotic surgery, as well as other areas of vision research.

Currently the faculty and trainees at NYEE are involved in over 100 active clinical, translational, epidemiological, and bench research studies.



Otolaryngology



#50

In the Nation

Rankings

U.S. News & World Report

Founded in 1824, the Department of Otolaryngology at NYEE was the first Otolaryngology department in America. Since then, the Department has evolved into a major national and international referral center and provides a full range of services to patients of all ages for all conditions of the ear, nose, throat, head, and neck. Using the latest minimally invasive techniques and state-of-the-art technology, our specialists combine a patient-centered approach to care with a high level of clinical experience, resulting in superior outcomes for patients affected by function-limiting conditions, shortened rehabilitation, and enhanced quality of life.

Nurturing and Educating the Leaders of Tomorrow

Part of our mission is to train the next generation of ear, nose, and throat specialists. With access to the latest diagnostic technology, the expertise of our nationally recognized faculty, and a diverse patient population, our trainees have the opportunity to learn the safest and least invasive therapies and the latest minimally invasive surgical techniques for common

and complex conditions. In addition to gaining clinical knowledge, NYEE's trainees experience first-hand our faculty's and support staff's commitment to treating the whole person, not just a disease or a condition.

Service Areas

- Hearing and balance disorders
- Facial plastic and reconstructive surgery
- Rhinology and sinus diseases
- Skull base surgery
- Thyroid and parathyroid diseases
- Vascular birthmarks and malformations
- Voice and swallowing disorders



Ear Institute

The Ear Institute at NYEE is a premier facility for the diagnosis and treatment of hearing loss, congenital defects, and conditions related to the ear. The Institute brings together a diverse group of outstanding ear specialists in cochlear implantation, medical and surgical otology and neurotology, and hearing and balance disorders in adults and children. Our comprehensive and individualized approach to diagnosis and treatment emphasizes compassionate and integrative care, innovation, and research.

Service Areas

- Acoustic neuromas
- Atresia
- Cholesteatoma
- Chronic ear disease
- Cochlear implants and other implantable hearing devices
- Facial nerve disorders
- Hearing and balance disorders in adults and children
- Pediatric ear disease
- Tumors of the ear and skull base

Cochlear Implant Program

The Ear Institute's medical experts helped pioneer the cochlear implant, a revolutionary auditory prosthesis that can be surgically implanted into the inner ear of children and adults with severe hearing loss. Long recognized as one of the leading cochlear implant centers in the nation, NYEE has a highly experienced team that is well versed in all aspects of adult and pediatric cochlear implantation. We perform approximately 100 cochlear implants each year. Our experts provide comprehensive evaluation for all levels of hearing loss and identify the best hearing technology to meet each patient's individual needs.



Pediatric Services

NYEE is an international leader in restoring the gift of sight and sound to children. As a specialty hospital dedicated to disorders of the eyes, ears, nose, and throat, we have the expertise to treat a wide array of highly complex conditions in pediatric patients. Children with congenital or developmental eye diseases, profound hearing loss, or facial or vascular deformities can derive life-changing benefits from early interventions, which leads to optimal quality of life.

Advanced Expertise

At NYEE, our pediatric specialists have the expertise to operate on the youngest of patients, in some cases as young as two months old. Through a team approach, our specialists provide multidisciplinary care with the help of pediatric experts from a broad spectrum of disciplines, including anesthesia, audiology, neonatology, ophthalmology, otology, plastic surgery, radiology, sleep medicine, speech and language pathology, and others. We employ the latest technologies, and when necessary, combine procedures for less post-operative pain and faster patient recovery.

At the core of every treatment recommendation is a family-centered philosophy. We believe that physicians and families should be partners in making the treatment decisions that meet each child's needs.

Service Areas

Pediatric Ophthalmology

- Cataract surgery
- Cornea, external diseases, and refractive surgery
- Diseases and surgery of the retina and vitreous
- Eye trauma
- Glaucoma
- Neuro-ophthalmology
- Ocular tumors
- Oculoplastic and orbital surgery
- Strabismus and amblyopia therapy
- Uveitis and ocular inflammation
- Visual rehabilitation

Pediatric Otolaryngology

- Airway abnormalities
- Cleft lip and cleft palate
- Cochlear implants
- Facial plastic and reconstructive surgery
- Microtia and atresia surgery
- Pediatric head and neck masses
- Vascular birthmarks and malformations



Plastic and Reconstructive Surgery

International patients in need of reconstructive surgery following trauma, disease, or congenital malformation, or those desiring elective cosmetic surgery, will benefit from the specialty care and outstanding plastic surgeons found at NYEE.

Trusted Surgeons

Our plastic surgeons are highly trained specialists who are board certified by the American Board of Plastic Surgery, the only board recognized by the American Board of Medical Specialties to certify plastic surgeons. In addition to holding a board certification, many have undergone further specialized training to combine the best surgical skills, cutting-edge techniques, and the highest aesthetic judgment. Plastic surgeons at NYEE produce results that are natural and harmonious without the “done” appearance of surgery.

New York Center for the Advancement of Breast Reconstruction

The New York Center for the Advancement of Breast Reconstruction at NYEE is a unique center of excellence offering women every available option for breast cancer surgery and breast reconstruction. We specialize in state-of-the-art, muscle-sparing, and implant-free microsurgical breast reconstruction options for women of every body type. Such

reconstructive procedures use the patient’s own tissue (skin and fat) to make a breast, resulting in a more natural, long-lasting reconstruction. NYEE is fortunate to have pioneers in the deep perforator flap technique and the nipple-sparing operation on staff, allowing us to offer innovative procedures that are unavailable in other centers.

Service Areas

Aesthetic Surgery

- All types of breast augmentation
- Body lifting, contouring, liposuction, and tummy tucks
- Breast PIP implant replacement
- Endoscopic facial surgery
- Facial plastic surgery
- Fat grafting
- Rhinoplasty

Reconstructive Surgery

- Breast reconstruction following cancer (perforator flap technique and others)
- Post-trauma reconstruction, all regions
- Scar revision
- Skin cancer correction using Mohs and other techniques



International Patient Services

Contact Us

International Patient Services Mount Sinai Health System

150 East 42nd Street, 2nd Floor

New York, NY 10017

Tel: (+1) 212-241-1100

Fax: (+1) 646-537-1418

Email: international.services@mountsinai.org

New York Eye and Ear Infirmary of Mount Sinai

310 East 14th Street

New York, NY 10003

www.nyee.edu

International patients seeking medical services at NYEE will receive personalized assistance through the International Services Department of the Mount Sinai Health System. NYEE works closely with the international team to provide convenient and seamless coordination of hospital admissions and all subsequent medical appointments as well as guidance on selecting the most appropriate physician. Visiting patients will be assigned a dedicated representative from the medical concierge team to facilitate their care around the clock, seven days a week, and to provide the following:

- Medical travel coordination
- Interpretation services
- Additional explanation of the physicians' course of action and instructions
- Assistance with organizing hospital admission and follow-up visits
- Coordination of private-duty nurse arrangements and private room if requested
- Final transfer of medical records
- Arrangements to address dietary, cultural, and religious needs

The safety, dignity, and comfort of each patient and their families is our primary concern. Our goal is to provide the smoothest experience possible, so that patients can focus on what matters most – healing.

During Your Stay

NYEE is centrally located in Downtown Manhattan, convenient to hotels, restaurants, and all forms of transportation. Our culturally sensitive and diverse staff of 600 employees speaks more than 25 languages and will be on hand before, during, and after your treatment. Under the guidance of the clinical nurse manager, patients will receive superb postoperative care in the comfort of our premium private rooms. We strive to make each patient stay as easy and seamless as possible by providing:

- Premium private rooms, with extra amenities such as guest accommodations, at NYEE
- Private duty nursing
- Private duty nursing available after your stay, prior to leaving New York, and if needed, referral help for nursing near your home
- Prompt follow-up with your referring physician to assure continuity of care





New York
Eye and Ear
Infirmary of
Mount
Sinai

**International Patient Services
Mount Sinai Health System**

150 East 42nd Street, 2nd Floor

New York, NY 10017

Tel: (+1) 212-241-1100

Fax: (+1) 646-537-1418

Email: international.services@mountsinai.org

**New York Eye and Ear Infirmary
of Mount Sinai**

310 East 14th Street

New York, NY 10003

www.nyee.edu